

DAFTAR ARTI SINGKATAN DAN ISTILAH

IMT	= Indeks Massa Tubuh
<i>Menarche</i>	= Pertama kali menstruasi
PSS	= <i>Perceived Stress Scale</i>
PMS	= <i>Premenstrual Syndrome</i>
sPAF	= <i>Shortened Premenstrual Assessment Form</i>
WHO	= <i>World Health Organization</i>