

## ABSTRAK

### EFEKTIVITAS MEDIA *POP UP BOOK* DAN BONEKA TANGAN TERHADAP KETERAMPILAN MENYIKAT GIGI SISWA *SLOW LEARNER*

Anak *slow learner* adalah kelompok anak-anak dengan IQ 70-90 yang mengalami hambatan dalam beradaptasi, merespon rangsangan, dan berpikir. Dampak dari hambatan tersebut yaitu ketidakmampuan guna melakukan selfcare misalnya menyikat gigi dan mengurus diri dengan benar. Salah satu usaha yang dapat dilakukan dengan melakukan penyuluhan tentang menyikat gigi memanfaatkan media yang sesuai yakni media *pop up book* dan boneka tangan. **Masalah:** Buruknya keterampilan menyikat gigi siswa *slow learner*. **Tujuan:** Guna mengetahui efektivitas media *pop up book* dan boneka tangan terhadap keterampilan menyikat gigi siswa *slow learner*. **Metode:** Jenis penelitian ini yaitu *Quasy Eksperimen* dengan rancangan *pretest posttest design*, dengan populasi 20 siswa *slow learner*. Instrumen pengumpulan data yang dipergunakan yaitu lembar observasi. Adapun teknik analisa data menggunakan uji *Wilcoxon* dan uji *Mann Whitney*. **Hasil:** Ada perbedaan efektivitas media *pop up book* dan boneka tangan terhadap keterampilan menyikat gigi siswa *slow learner* kelas 3-5 di kelas inklusi SDN Mojo III dan SDN Airlangga I Kota Surabaya setelah dilakukan observasi selama 21 hari.

**Kata Kunci :** media *pop up book*, media boneka tangan, keterampilan menyikat gigi, *slow learner*.

## **ABSTRACT**

### **THE EFFECTIVENESS OF POP UP BOOK AND HAND PUPPETS MEDIA ON TOOTHBRUSHING SKILLS OF SLOW LEARNER STUDENTS**

Slow learner children are a group of children with an IQ of 70-90 who experience difficulties in adapting, responding to stimuli, and thinking. The impact of these barriers is the inability to perform self-care such as taking care of yourself and brushing your teeth properly. There are 14% of slow learner children in Indonesia and 80.64% of them have poor oral hygiene caused by improper brushing. One effort that can be done is to conduct counseling about brushing teeth using appropriate media, namely pop-up book media and hand puppets. The problem in this research is that the slow learner students' brushing skills are still in the bad category. This study aims to determine the effectiveness of pop-up book media and hand puppets on the teeth-brushing skills of slow-learner students. This type of research is a Quasy Experiment with a pretest-posttest design, with a population of 20 slow-learner students. The data collection instrument used was an observation sheet. The data analysis technique uses the Wilcoxon test and the Mann-Whitney test. The results showed that there were differences in the effectiveness of pop-up book media and hand puppets on the teeth brushing skills of slow learners grades 3-5 in the inclusion class of SDN Mojo III and SDN Airlangga I Surabaya City after 21 days of observation.

**Keywords:** Pop Up Book Media, Hand Puppets Media, Toothbrushing Skills of Slow Learner.