

ABSTRACT

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THE RELATIONSHIP BETWEEN WORK ATTITUDE AND WORK FATIGUE
ON EMPLOYEES OF PT. INKA (PERSERO) FINISHING DIVISION IN 2021

viii + 72 Pages + 14 Tables + 13 Images + 8 Attachments

Work fatigue is a common problem in the workplace that we often encounter in the workplace. Work fatigue is characterized by a weakening of the workforce in doing work so that it can increase errors at work, reduce work productivity and be able to cause work accidents. This is still due to several things, including work attitudes that are not ergonomic. The research variables analyzed were the relationship between work attitudes and work fatigue on employees of PT. INKA (Persero) finishing division.

This study aims to determine the relationship between work attitude and work fatigue on employees of PT. INKA (Persero) Finishing Division. This type of research is an observational analytic study with a cross sectional approach. Population in this study as many as 70 employees. The sample was taken by simple random sampling with a sample of 60 employees. This research instrument uses a subjective feeling questionnaire and *Rapid Entire Body Assessment* (REBA) sheet.

The results showed that most of employees work attitudes namely 88,3% experienced a moderate level of work attitude risk and most of the employees work fatigue namely 56,7% experienced a moderate level of work fatigue. From the results of study showed that the statistical test of *Kendall's tau value* $0,000 \leq \alpha$ (0,05), it can be concluded that there is a relationship between work attitude and work fatigue on employees of PT. INKA (Persero) finishing division in 2021.

Employees should get used to stretching muscles such as moving their heads, hands and feet on the sidelines of work or during breaks with the aim that body is not too long in a static which can cause employees to get tired quickly.

Bibliography : 24 reading (2006-2020)

Keywords : Work Attitude and Fatigue