

**NURSING CARE OF NUTRITIONAL DEFICIT IN BREAST CANCER
CLIENT WHO UNDERWENT CHEMOTHERAPY AT AIRLANGGA
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Abstract

Breast cancer or Ca Mammae if not treated immediately can result in death. Therapy that can be done is chemotherapy. Cancer in the body and chemotherapy therapy that is undertaken by patients with breast cancer risk will cause nutritional disruption caused by lack of energy intake and increased energy use resulting in worsening nutritional problems. The incidence of breast cancer in Indonesia in 2018 reached 58,000 cases and 40% of breast cancer patients undergoing cancer therapy were at risk of experiencing nutritional deficits. Therefore, the authors conducted research on nursing care risk of nutritional dedication of Ca Mammae's clients who underwent chemotherapy with the aim of obtaining new information and as a material for consideration and reference for the development of nursing knowledge so as to improve the quality of nursing care related to the problem.

The author uses descriptive research methods in the form of case studies with nursing care approaches that include assessment, diagnosis, planning, implementation and evaluation. The unit of analysis studied was two Ca Mammae patients who underwent chemotherapy at the Airlangga University Hospital in Surabaya with the main problem being the risk of nutritional deficits. Research data were collected using interviews with research subjects, using medical records and observations and physical examinations.

Based on data analysis, it was concluded that the causes of the risk of nutritional deficits are breast cancer experienced and side effects from chemotherapy that cause reduced intake of nutrients that enter the body.

It is expected that Ca Mammae clients who undergo chemotherapy can maintain a healthy lifestyle, carry out a diet program to improve nutrition in accordance with the implementation of a careful diet with complications that can be caused by inadequate nutrition. Furthermore, the results of the study can be used as a source of information about improving the quality of nursing care, especially for Ca Mammae clients who are undergoing chemotherapy.

Keywords: Nursing Care, Ca Mammae, Chemotherapy, Risk of Nutritional Deficits.