

## **ABSTRAK**

### **LAPORAN KASUS PADA IBU HAMIL DENGAN HEPATITIS B**

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**Pendahuluan** Penyakit hepatitis B adalah penyakit infeksi yang menyerang hati dan disebabkan oleh virus hepatitis B (HBV). Pada kehamilan dapat berisiko menyebabkan penularan vertikal dari ibu ke bayi. Tujuan : Mendeskripsikan asuhan kebidanan pada ibu hamil dengan hepatitis B menggunakan pendekatan manajemen kebidanan serta mendokumentasikannya dalam bentuk SOAP. **Metode** : Penelitian ini menggunakan metode deskriptif dengan pendekatan studi kasus. Subjek penelitian adalah Ny. N, usia 36 tahun, G4P3A0 dengan usia kehamilan 18 minggu yang memiliki hepatitis B. Pengumpulan data dilakukan melalui wawancara, observasi, pemeriksaan fisik, pemeriksaan penunjang, studi dokumentasi, dan studi kepustakaan. Asuhan diberikan sesuai standar pelayanan kebidanan dan didokumentasikan menggunakan format SOAP. **Hasil Penelitian dan Pembahasan** : Hasil pengkajian menunjukkan Ny. N tidak memiliki keluhan selama kehamilan. Pemeriksaan objektif menunjukkan keadaan umum baik, tanda-tanda vital dalam batas normal, IMT 35,6 kg/m<sup>2</sup> (obesitas grade II), terdapat *spider angioma* pada pipi, sklera tampak keruh, dan terdapat bekas luka *sectio caesarea* pada abdomen. Kondisi janin dalam batas normal. Analisis data menunjukkan bahwa Ny. N hamil dengan hepatitis B. Penatalaksanaan yang diberikan meliputi pemantauan kondisi ibu dan janin, edukasi mengenai hepatitis B, pencegahan penularan ibu ke bayi, persiapan persalinan aman, konseling keluarga berencana, serta perencanaan rujukan persalinan ke rumah sakit. **Simpulan** : Asuhan kebidanan yang diberikan pada Ny. N telah dilaksanakan sesuai dengan kebutuhan dan faktor risiko yang dimiliki. Pemantauan berkelanjutan, edukasi kesehatan, dan perencanaan persalinan di fasilitas rujukan diperlukan untuk mencegah komplikasi.

**Kata Kunci : Hamil, Hepatitis B**

**ABSTRACT**  
**CASE REPORT ON A PREGNANT WOMAN WITH HEPATITIS B**

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**Background:** Hepatitis B is an infectious disease that affects the liver and is caused by the Hepatitis B Virus (HBV). During pregnancy, it may increase the risk of vertical transmission from mother to infant. **Objective:** To describe midwifery care for a pregnant woman with hepatitis B using a midwifery management approach and to document the care in SOAP format. **Methods:** This study employed a descriptive method with a case study approach. The subject was Mrs. N, a 36-year-old G4P3A0 woman at 18 weeks of gestation with hepatitis B. Data were collected through interviews, observation, physical examinations, supporting examinations, documentation studies, and literature reviews. Midwifery care was provided according to the standard of midwifery services and documented using the SOAP format. **Results and Discussion:** The assessment results showed that Mrs. N had no complaints during pregnancy. Objective examination revealed that her general condition was good, vital signs were within normal limits, and her Body Mass Index (BMI) was 35.6 kg/m<sup>2</sup> (Grade II obesity). Spider angioma was observed on the cheeks, the sclera appeared cloudy, and a cesarean section scar was present on the abdomen. The fetal condition was within normal limits. Data analysis indicated that Mrs. N was a pregnant woman with hepatitis B. The management provided included monitoring maternal and fetal conditions, education regarding hepatitis B, prevention of mother-to-child transmission, preparation for safe delivery, family planning counseling, and referral planning for delivery at a hospital. **Conclusion:** The midwifery care provided to Mrs. N was implemented according to her needs and risk factors. Continuous monitoring, health education, and delivery planning at a referral healthcare facility are necessary to prevent complications

**Keywords:** *Pregnancy, Hepatitis B*