

ABSTRAK

Laporan Kasus Pada Ibu Hamil Multigravida Dengan Janin Letak Sungsang, Anemia Dan Bekas *Sectio Caesarea*

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Pendahuluan : Kehamilan risiko sangat tinggi merupakan kondisi yang dapat meningkatkan risiko komplikasi pada ibu maupun janin selama kehamilan, persalinan, nifas, dan neonatus. Salah satu kondisi yang termasuk dalam kehamilan risiko tinggi adalah letak sungsang yang disertai anemia dan riwayat *Sectio Caesarea* (SC). Tujuan studi kasus ini adalah memberikan asuhan kebidanan komprehensif pada ibu hamil dengan kehamilan risiko sangat tinggi akibat letak sungsang, anemia, dan bekas *Sectio Caesarea* sesuai manajemen kebidanan. **Tujuan:** Tujuan studi kasus ini adalah memberikan asuhan kebidanan komprehensif pada ibu hamil dengan kehamilan risiko sangat tinggi akibat letak sungsang, anemia, dan bekas *sectio caesarea* sesuai manajemen kebidanan. **Metode:** Laporan kasus (*case report*) dengan pendekatan deskriptif pada Ny. S usia 23 tahun G2P1A0 usia kehamilan 32–35 minggu. Data diperoleh melalui anamnesis, observasi, pemeriksaan fisik, pemeriksaan obstetri, pemeriksaan laboratorium, serta dokumentasi menggunakan pendekatan SOAP. **Hasil :** Hasil pengkajian menunjukkan Ny. S mengalami kehamilan risiko sangat tinggi dengan skor KSPR 26, janin letak sungsang, anemia ringan dengan kadar hemoglobin 9,9 g/dL, dan riwayat *sectio caesarea*. Kondisi umum ibu dan janin dalam batas normal dengan denyut jantung janin 145–151 kali/menit. Asuhan yang diberikan meliputi edukasi kehamilan risiko tinggi, pemantauan antenatal rutin, anjuran metode *knee-chest*, pemberian tablet Fe, pemenuhan nutrisi kaya zat besi, dukungan psikologis, serta persiapan persalinan di fasilitas kesehatan rujukan. Asuhan dapat dilaksanakan dengan baik dan seluruh rencana tindakan terlaksana sesuai kebutuhan ibu.

Kata kunci: Kehamilan multigravida, kehamilan risiko sangat tinggi, letak sungsang, anemia, *sectio caesarea*

ABSTRACT

A Case Report of a Multigravida Pregnant Woman with Breech Presentation, Anemia, and a Previous Cesarean Section

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Background: Very high-risk pregnancy is a condition that may increase the risk of complications for both the mother and fetus during pregnancy, childbirth, the postpartum period, and the neonatal period. One of the conditions classified as a high-risk pregnancy is breech presentation accompanied by anemia and a history of cesarean section (CS). This case study aimed to provide comprehensive midwifery care for a pregnant woman with a very high-risk pregnancy due to breech presentation, anemia, and a previous cesarean section in accordance with midwifery management. **Objective:** To provide comprehensive midwifery care for a pregnant woman with a very high-risk pregnancy due to breech presentation, anemia, and a previous cesarean section based on midwifery management. **Methods:** This was a descriptive case report conducted on Mrs. S, a 23-year-old G2P1A0 woman at 32–35 weeks of gestation. Data were collected through history taking, observation, physical examination, obstetric examination, laboratory tests, and documentation using the SOAP approach. **Results:** The assessment showed that Mrs. S had a very high-risk pregnancy with a Poedji Rochjati Score Card (KSPR) score of 26, breech fetal presentation, mild anemia with a hemoglobin level of 9.9 g/dL, and a history of cesarean section. The general condition of both mother and fetus was within normal limits, with a fetal heart rate ranging from 145 to 151 beats per minute. The care provided included education regarding high-risk pregnancy, routine antenatal monitoring, recommendation of the knee-chest position, iron (Fe) supplementation, nutritional counseling emphasizing iron-rich foods, psychological support, and preparation for delivery at a referral healthcare facility. All planned interventions were successfully implemented according to the mother's needs.

Keywords: multigravida pregnancy, very high-risk pregnancy, breech presentation, anemia, cesarean section