

## DAFTAR PUSTAKA

- Adnan, N.I.R. and Dinata, F. (2025) 'P3A0 dengan retensio plasenta', *Jurnal Kesehatan Masyarakat Prepotif*, 9(2).
- Aini, N. and Yanti, R. (2021) 'Faktor yang berhubungan dengan kejadian anemia pada ibu', *Jurnal Kesehatan*, 12(2), pp. 45–52.
- Amani, N. (2024) 'Prevalensi anemia pada ibu hamil dan faktor risikonya di Indonesia', *International Journal of Medical Informatics*, 5(2), pp. 120–128.
- Amin, M. et al. (2024) 'Pola eliminasi pada ibu nifas dan faktor yang mempengaruhinya', *Jurnal Kebidanan Indonesia*, 15(1), pp. 12–20.
- Andarwulan, N. et al. (2022) *Ilmu gizi untuk tenaga kesehatan*. Jakarta: EGC.
- Antoine, C. et al. (2023) 'Sucrosomial iron effectiveness in recovering from mild and moderate iron-deficiency anemia in the postpartum period', *Journal of Clinical Medicine*, 12(5), pp. 1891–1900.
- Arifah, N. et al. (2023) 'Riwayat menstruasi, kehamilan yang tidak direncanakan dan paparan asap rokok pada anemia ibu hamil suku Bajo', *JGK: Jurnal Gizi dan Kesehatan*, 15(2), pp. 88–96.
- Arya, N.P. and Pratama, Y.A.A.G.W. (2022) 'Anemia Defisiensi Besi: Diagnosis dan Tata Laksana', *Ganesha Medicina Journal*, 2(2), pp. 112–119.
- Az-Zahra, N. (2024) 'Perubahan psikologis ibu pada masa postpartum dan faktor yang mempengaruhinya', *Jurnal Ilmiah Keperawatan*, 8(2), pp. 112–120.
- Beda Ama, P.G. and Fajarwati, D. (2024) 'Hubungan pekerjaan, pengetahuan ibu hamil tentang anemia dengan kepatuhan konsumsi tablet Fe di Puskesmas Cipari', *Jurnal Ilmiah Kesehatan*, 16(1), pp. 207–214.

- Butwick, A.J. and McDonnell, N. (2021) 'Antepartum and postpartum anemia: a narrative review', *International Journal of Obstetric Anesthesia*, 47, p. 102985.
- Cappellini, M.D., Musallam, K.M. and Taher, A.T. (2022) 'Iron deficiency anaemia revisited', *Journal of Internal Medicine*, 287(2), pp. 153–170.
- Cunningham, F.G. et al. (2022) *Williams Obstetrics*. 26th edn. New York: McGraw-Hill.
- Darmawati (2023) 'Adaptasi fisiologis ibu pada masa nifas', *Scientific Community Journal*, 5(1), pp. 45–53.
- Elmore, S. and Ellis, A. (2022) 'Iron deficiency in pregnancy: causes, consequences, and clinical management', *Obstetrics and Gynecology Clinics of North America*, 49(3), pp. 517–531.
- Fauzianty, L., Imami, N. and Wideasih, R. (2022) 'Implementasi Tatalaksana Anemia Defisiensi Besi pada Ibu Hamil: Scoping Review', *Jurnal Kesehatan Vokasional*, 7(2), pp. 78–88.
- Fitria, L. et al. (2024) 'Determinan sosial budaya terhadap kejadian anemia pada wanita usia subur', *Jurnal Kesehatan*, 18(1), pp. 55–63.
- Georgieff, M.K. (2020) 'Iron deficiency in pregnancy', *American Journal of Obstetrics and Gynecology*, 223(4), pp. 516–524.
- Hairuddin, R. et al. (2024) 'Pengaruh faktor psikososial terhadap status gizi ibu', *Jurnal Kebidanan*, 14(2), pp. 88–96.
- Hasanah, U. (2023) 'Faktor lingkungan terhadap kejadian anemia', *Jurnal Kesehatan Lingkungan*, 10(1), pp. 30–38.
- Holm, C., Neef, V. and Pavord, S. (2025) 'Management of postpartum anemia', *Blood Transfusion*, 23(1), pp. 47–49.
- Hutabarat, V., Sitepu, S.A. and Argaheni, N.B. et al. (2022) *Buku Ajar Nifas S1 Kebidanan Jilid III*. Jakarta: Mahakarya Citra Utama Group.

- Indriyani, W. and Amalia, S. (2025) 'Association between maternal anemia and the incidence of postpartum hemorrhage', *Jurnal Kebidanan Kestra*, 7(2), pp. 184–189.
- Kementerian Kesehatan Republik Indonesia (2020) *Standar Asuhan Kebidanan*. Jakarta: Kemenkes RI.
- Kementerian Kesehatan Republik Indonesia (2021) *Pedoman Penatalaksanaan Anemia pada Ibu Hamil*. Jakarta: Kemenkes RI.
- Kementerian Kesehatan Republik Indonesia (2022) *Pedoman Pelayanan Masa Nifas*. Jakarta: Kemenkes RI.
- Kementerian Kesehatan Republik Indonesia (2023) *Survei Kesehatan Indonesia (SKI) 2023 Dalam Angka*. Jakarta: Kementerian Kesehatan Republik Indonesia.
- Kemppinen, L., Lahti-Pulkkinen, M., Girchenko, P. and Tuovinen, S. (2022) 'Maternal anemia and postpartum mental health outcomes: a systematic review', *BMC Pregnancy and Childbirth*, 22(1), pp. 1–12.
- Kurniati, I. (2020) 'Anemia Defisiensi Zat Besi (Fe)', *Jurnal Kedokteran Universitas Lampung*, 4(1), pp. 50–57.
- Landman, S., Molenaar, N.M., Hoogendijk, W.J.G. and Lambregtse-van den Berg, M.P. (2024) 'Postpartum mood disorders: early identification and management', *Archives of Women's Mental Health*, 27(1), pp. 1–12.
- Lao, T.T. et al. (2022) 'Antenatal anemia and postpartum hemorrhage', *Journal of Maternal-Fetal & Neonatal Medicine*, 35(8), pp. 1573–1579.
- Lekuikau, L.S.T. and Moreland, C. (2022) 'Retained placenta and postpartum hemorrhage: a case report and review of literature', *Cureus*, 14(4), pp. 24389.
- Milman, N. (2021) 'Postpartum anemia: definition, prevalence and consequences', *Annals of Hematology*, 100(5), pp. 1157–1166.

- Mintsopoulos, V. et al. (2024) 'Iron deficiency anemia in pregnancy: maternal and neonatal outcomes', *American Journal of Obstetrics & Gynecology MFM*, 6(2), p. 101271.
- Moya, E. et al. (2022) 'Effect of postpartum anaemia on maternal health-related quality of life: a systematic review and meta-analysis', *BMC Public Health*, 22, p. 364.
- Moya, E., Phiri, N., Choko, A.T. and Mwangi, M.N. (2022) 'Postpartum anaemia and maternal health outcomes in low-resource settings', *The Lancet Global Health*, 10(5), pp. e678–e686.
- Mufti, S. and Lestari, N.D. (2023) 'Manajemen anemia berat pada ibu nifas: tinjauan klinis', *Jurnal Kebidanan dan Keperawatan*, 19(1), pp. 45–53.
- Naess-Andresen, M.L. et al. (2023) 'Postpartum anemia: prevalence, risk factors, and association with depressive symptoms', *PLOS ONE*, 18(3), p. e0282918.
- Naz, S. et al. (2024) 'Management of iron deficiency anemia during pregnancy: a midwife-led continuity of care model', *Midwifery*, 130, p. 103917.
- Neef, V. (2024) 'Current concepts in postpartum anemia management', *Current Opinion in Anaesthesiology*, 37(3), pp. 234–238.
- Ningrum, S., Setiati, D. and Sari, M. (2023) 'Diagnosis dan Tatalaksana Anemia Defisiensi Besi pada Anak Usia 0–18 Tahun', *Jurnal Penelitian dan Karya Ilmiah Lembaga Penelitian Universitas Trisakti*, 8(1), pp. 42–51.
- Oyelese, Y. and Wang, M.J. (2024) 'Postpartum hemorrhage', *Maternal-Fetal Medicine*, 7(1), pp. 38–48.
- Pavord, S. et al. (2021) 'UK guidelines on the management of iron deficiency anaemia in pregnancy and postpartum', *Transfusion Medicine*, 31(5), pp. 314–334.
- Pavord, S. et al. (2024) 'Iron deficiency without anaemia: a clinical practice guideline', *British Journal of Haematology*, 204(3), pp. 896–907.

- Prawirohardjo, S. (2021) *Ilmu Kebidanan*. Edisi ke-4. Jakarta: PT Bina Pustaka Sarwono Prawirohardjo.
- Proverawati, A. (2019) *Anemia dan Kehamilan*. Yogyakarta: Nuha Medika.
- Rahmawati, I. (2022) *Manajemen Asuhan Kebidanan Komprehensif*. Jakarta: EGC.
- Retnowati, K. et al. (2025) ‘Pengaruh pola makan, tingkat pendidikan, paritas, jarak kehamilan, konsumsi tablet Fe dan status gizi terhadap kejadian anemia pada ibu hamil’, *Jurnal Masyarakat Sehat Indonesia*, 4(3).
- Rahmawati, I. (2022) *Manajemen asuhan kebidanan komprehensif*. Jakarta: Penerbit Buku Kedokteran EGC.
- Retnowati, K. et al. (2025) ‘Pengaruh pola makan, tingkat pendidikan, paritas, jarak kehamilan, konsumsi tablet Fe dan status gizi terhadap kejadian anemia pada ibu hamil’, *Jurnal Masyarakat Sehat Indonesia*, 4(3).
- Rokhimawaty, A. et al. (2025) ‘Anemia postpartum dan dampaknya terhadap kualitas hidup ibu nifas: scoping review’, *Jurnal Lintas Keperawatan*, 6(2), pp. 462–470.
- Rosmiati, R. (2023) ‘Penyakit kronis dan risiko anemia pada ibu’, *Jurnal Kebidanan*, 13(2), pp. 101–109.
- Rush, M. et al. (2024) ‘Hemoglobin change after red blood cell transfusion for postpartum anemia’, *American Journal of Perinatology*, 41(7), pp. 831–833.
- Rukiyah, A.Y. (2018) *Asuhan kebidanan pada masa nifas (postpartum care)*. Jakarta: Trans Info Media.
- Salma, S. and Alifariki, L.O. (2021) ‘Riwayat obstetri dan risiko anemia’, *Jurnal Kesehatan Ibu dan Anak*, 8(1), pp. 44–51.

- Santra, L. et al. (2023) 'Role of intravenous iron sucrose in severe anemia in late pregnancy: a case report from rural Ballabgarh, Haryana', *Indian Journal of Community Medicine*, 48(2), pp. 354–356.
- Septya Dina, U. and Purwiandari, H. (2024) 'Late postpartum haemorrhage e.c plasenta restan di RSD K.R.M.T Wongsonegoro Semarang 2024: a case report', *Al-Iqra Medical Journal: Jurnal Berkala Ilmiah Kedokteran*, 7(2), pp. 94–106.
- Siregar, M.A. et al. (2023) 'Kepatuhan konsumsi tablet Fe dan kejadian anemia pada ibu hamil', *Jurnal Kesehatan Masyarakat*, 11(2), pp. 78–86.
- Sulastri (2024) 'Hubungan perdarahan dan partus lama dengan infeksi masa nifas', *Jurnal Trilogi Kesehatan*, 6(2), pp. 88–96.
- Sungkar, A., Bardosono, S., Irwinda, R., Manikam, N.R.M., Sekartini, R. and Medise, B.E. (2022) 'A Life Course Approach to the Prevention of Iron Deficiency Anemia in Indonesia', *Nutrients*, 14(2), p. 277.
- Surtinah et al. (2023) 'Hubungan riwayat kehamilan dengan kejadian anemia pada ibu hamil trimester III', *SENTRI: Jurnal Riset Ilmiah*, 2(4), pp. 1029–1038.
- Suryani, I. (2024) 'Manajemen asuhan kebidanan pada masa nifas', *VitaMedica Journal*, 4(2), pp. 67–75.
- Susič, G., Tavčar, J.B., Verdenik, I. and Premru-Srsen, T. (2023) 'Wellbeing forecasting in postpartum anemia patients', *Healthcare*, 11(15), pp. 1–15.
- Tosto, V., Catena, A., Vizzari, V. and Restaino, S. (2023) 'Postpartum blues: epidemiology, pathophysiology and clinical management', *Journal of Affective Disorders Reports*, 12, pp. 100–115.
- Wahyuni, T. et al. (2024) 'Pendokumentasian asuhan keperawatan berbasis SDKI, SLKI dan SIKI', *Journal of Telenursing (JOTING)*, 6(2), pp. 1–12.
- Walyani, E.S. and Purwoastuti, T.E. (2017) *Asuhan kebidanan masa nifas dan menyusui*. Yogyakarta: Pustaka Baru Press.

- Weeks, A. (2022) 'The retained placenta', *Best Practice & Research Clinical Obstetrics & Gynaecology*, 77, pp. 3–12.
- Wiesenack, C. et al. (2024) 'Cumulative iron deficiency in the peripartum period: pathophysiology and treatment options', *Transfusion Medicine Reviews*, 38(1), p. 150799.
- World Health Organization (2021) *WHO recommendations on maternal and newborn care for a positive postnatal experience*. Geneva: WHO.
- World Health Organization (2023a) *Iron supplementation with or without folic acid to reduce the risk of postpartum anaemia*. Geneva: World Health Organization.
- World Health Organization (2023b) *WHO recommendations on the assessment of postpartum blood loss and use of a treatment bundle for postpartum haemorrhage*. Geneva: World Health Organization.
- Zalukhu, M. et al. (2023) 'Tingkat pengetahuan ibu nifas tentang kunjungan ulang masa nifas', *Humantech: Jurnal Ilmiah Multidisiplin Indonesia*, 2(12), pp. 1–10.