

ABSTRAK

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PENGARUH MEDIA *FLIPBOOK* TERHADAP DUKUNGAN SUAMI DALAM KUNJUNGAN NIFAS LENGKAP (KF1-KF4) DI WILAYAH KERJA PUSKESMAS BANGKALAN, MADURA TAHUN 2026

xvi + 101 Halaman + 8 Tabel + 2 Gambar + 21 Lampiran

Kunjungan nifas lengkap (KF1–KF4) merupakan pelayanan penting dalam rangka deteksi dini dan pemantauan kesehatan ibu dan bayi dari komplikasi postpartum yang rentan terjadi. Namun kesadaran ibu dalam melakukan kunjungan masa nifas masih minim, dibuktikan dengan keterlambatan deteksi risiko komplikasi, minimnya pemantauan kesehatan ibu dan bayi, hingga masih rendahnya pemberian ASI eksklusif. Dukungan suami menjadi salah satu faktor penting dalam kepatuhan kunjungan nifas. Media *flipbook* merupakan media edukasi digital yang dinilai memiliki banyak kelebihan, diantaranya adalah fleksibel, menarik, sehingga mudah untuk dipahami khususnya bagi para suami dalam rangka mensupport masa nifas ibu. Tujuan penelitian ini untuk mengetahui pengaruh media *flipbook* terhadap dukungan suami dalam kunjungan nifas lengkap (KF1–KF4).

Penelitian ini merupakan kuantitatif *pre-eksperimental* dengan *one group pretest-posttest* selama Desember 2025 s.d. April 2026 di Puskesmas Bangkalan, Madura. Sebanyak 55 responden dipilih secara *purposive sampling* menjadi sampel penelitian ini. Instrumen penelitian adalah kuesioner yang diberikan sebelum dan sesudah intervensi media *flipbook*, lalu dianalisis dengan uji *Wilcoxon Signed Rank Test* signifikansi $\alpha = 0,05$.

Terdapat pengaruh media *flipbook* terhadap dukungan suami dalam kunjungan nifas lengkap (KF1-KF4) di Wilayah Kerja Puskesmas Bangkalan, Madura. Nilai $p\text{-value} = 0,000$ ($p < 0,05$), menunjukkan bahwa ada pengaruh media *flipbook* terhadap dukungan suami dalam kunjungan nifas lengkap (KF1–KF4) di Wilayah Kerja Puskesmas Bangkalan, Madura. Media *flipbook* terbukti efektif berperan dalam peningkatan pemahaman, motivasi, dan keterlibatan suami dalam mendukung ibu selama masa nifas.

Kata kunci: Media *Flipbook*, Dukungan Suami, Kunjungan Nifas Lengkap.

Daftar bacaan: 32 pustaka (2020–2025).

ABSTRACT

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THE EFFECT OF FLIPBOOK MEDIA ON HUSBAND SUPPORT IN COMPLETE POSTPARTUM VISITS (KF1–KF4) IN THE WORKING AREA OF BANGKALAN HEALTH CENTER, MADURA IN 2026

xvi + 101 Pages + 8 Tables + 2 Figures + 21 Appendices

Complete postpartum visits (KF1–KF4) are an important service for early detection and monitoring of mother and baby health from postpartum complications that are prone to occur. However, mothers' awareness of attending postpartum visits is still low, as shown by delayed detection of complication risks, minimal monitoring of mother and baby health, and the still low provision of exclusive breastfeeding. Husband support is one of the important factors in complying with postpartum visits. Flipbook media is a digital education tool that is considered to have many advantages, such as being flexible, engaging, and easy to understand, especially for husbands to support their wives during the postpartum period. Therefore, this study was conducted with the aim of finding out the effect of flipbook media on husband support in complete postpartum visits (KF1–KF4).

This study is quantitative with a pre-experimental design using a one-group pretest-posttest. The research was conducted from December 2025 to April 2026 at Bangkalan Health Center, Madura. A total of 55 respondents were selected through purposive sampling as the study sample. The research instrument was a questionnaire given before and after the flipbook media intervention, then analyzed using the Wilcoxon Signed Rank Test with a significance level of $\alpha = 0.05$.

There is an influence of flipbook media on husbands' support during complete postpartum visits (KF1–KF4) in the working area of Bangkalan Health Center, Madura. The p -value = 0.000 ($p < 0.05$) shows that flipbook media has an effect on husbands' support during complete postpartum visits (KF1–KF4) in the working area of Bangkalan Health Center, Madura. Flipbook media has proven to be effective in increasing husbands' understanding, motivation, and involvement in supporting mothers during the postpartum period.

Keywords : Flipbook Media, Husband Support, Complete Postpartum Visits.

References : 32 sources (2020–2025)