

ABSTRAK

Kusbandiyah Yulianti

AKURASI PENGUKURAN STATUS GIZI BALITA
OLEH KADER DI POSYANDU KELURAHAN SUKOWINANGUN
KECAMATAN MAGETAN KABUPATEN MAGETAN
TAHUN 2025

xiv + 14 Halaman + 4 Tabel + 8 Lampiran

Status gizi mencerminkan keseimbangan antara asupan dan kebutuhan zat gizi pada balita. Penilaian tersebut di Indonesia pada umumnya dilakukan melalui pengukuran antropometri di Posyandu.. Penelitian ini bertujuan untuk menganalisis akurasi hasil pengukuran TB dan BB balita oleh kader posyandu dengan hasil pengukuran oleh tenaga kesehatan sebagai *gold standard* di Posyandu Kelurahan Sukowinangun Kecamatan Magetan Kabupaten Magetan. Pendekatan asuhan kebidanan melalui studi kasus dilakukan menggunakan dua prosedur inti sesuai konsep Varney: pengkajian dan implementasi.

Pendekatan penelitian yang diterapkan bersifat deskriptif-kuantitatif dengan metode studi kasus. Data diperoleh melalui kegiatan observasi serta pengisian formulir oleh kader dan petugas kesehatan yang dijadikan sebagai standar pembandingan (*gold standard*). Analisis data dilakukan dengan menghitung persentase, kemudian hasilnya disajikan secara sistematis dalam bentuk tabel.

Hasil penelitian menunjukkan bahwa 25 kader posyandu Melati Kelurahan Sukowinangun Kecamatan Magetan Kabupaten Magetan yang dilakukan penelitian tentang akurasi pengukuran TB dan BB menunjukkan hasil 100% adalah akurat.

Penelitian menunjukkan bahwa kader posyandu Melati Kelurahan Sukowinangun Kecamatan Magetan Kabupaten Magetan akurat dalam pengukuran TB dan BB. Rekomendasi untuk instansi pelayanan kesehatan meningkatkan keterampilan standar atau kompetensi dasar pada kader kesehatan dengan melakukan pelatihan ulang secara periodik atau simulasi untuk memberikan pengetahuan baru sehingga tersampaikan dan bisa dipraktikkan, sebagai mitra pemberi layanan serta ketersediaan alat dan perawatan atau monitoring dari alat ukur juga akan membantu maksimalnya pelayanan kesehatan.

Kata kunci : Pengukuran, Akurasi, Tinggi Badan, Berat Badan, Balita
Daftar bacaan : 23 buku (2015-2024)

ABSTRACT

Kusbandiyah Yuliati

TODDLER NUTRITION STATUS BY CADRES AT POSYANDU

*SUKOWINANGUN VILLAGE, MAGETAN DISTRICT, MAGETAN REGENCY IN
2025*

xiv + 14 Pages + 4 Tables + 8 Appendices

Nutritional status reflects the balance between nutrient intake and needs in toddlers. This assessment in Indonesia is generally conducted through anthropometric measurements at Posyandu (integrated service posts). This research aims to analyze the accuracy of height (TB) and weight (BB) measurements of toddlers by Posyandu cadres compared to measurements by health workers as the gold standard at the Posyandu in Sukowinangun Village, Magetan District, Magetan Regency. The midwifery care approach through case studies was conducted using two core procedures according to the Varney concept: assessment and implementation.

The research approach applied is descriptive-quantitative with a case study method. Data is obtained through observation activities and the completion of forms by cadres and health officers which are used as the comparison standard (gold standard). Data analysis is conducted by calculating percentages, and the results are presented systematically in table form.

The research results show that 25 posyandu cadres from Melati Village in Sukowinangun District, Magetan Regency, conducted a study on the accuracy of measuring height and weight, revealing that the results were 100% accurate.

Research shows that the Melati posyandu cadres in Sukowinangun Village, Magetan District, Magetan Regency are accurate in measuring height and weight. Recommendations for health service agencies to improve standard skills or basic competencies among health cadres include conducting periodic retraining or simulations to provide new knowledge that can be conveyed and practiced, as partners in service delivery. Additionally, the availability of tools and maintenance or monitoring of measuring instruments will also help optimize health services..

Keywords : Measurement, Accuracy, Height, Weight, Toddler

References : 23 books (2015-2024)