

DAFTAR PUSTAKA

- Ahmad, M., Sechi, C., & Vismara, L. (2024). Advanced Maternal Age: A Scoping Review about the Psychological Impact on Mothers, Infants, and Their Relationship. *Behavioral Sciences, 14*(3). <https://doi.org/10.3390/bs14030147>
- Almida, E. N., Dahlia, Y., Ronanarasafa, & Shammakh, A. A. (2023). Hubungan Usia Dan Paritas Terhadap Kejadian Baby Blues Syndrome Pada Ibu Postpartum Di Kecamatan Sambelia, Lombok Timur. *Nusantara Hasana Journal, 1*(7), 132–137. <https://doi.org/https://doi.org/10.59003/nhj.v2i11.821>
- Amaliah, A. R., Zulkifli, A., & Astuti, N. (2026). *Breastfeeding Father dalam Mencegah Postpartum Blues* (1st ed.). Rizmedia Pustaka Indonesia.
- Anggraini, D. D., Dewi, N., Ningsih, D. A., Malahayati, I., Yogi, R., Hanung, A., & Gustirini, R. (2022). *Asuhan Kebidanan Nifas dan Menyusui* (1st ed.). PT. Global Eksekutif Teknologi.
- Ani, E. putri anjar. (2024). Hubungan Usia dengan Terjadinya Postpartum Blues di Rumah Sakit Umum Mulia Hati Wonogiri. *Universitas Kusuma Husada Surakarta*. <http://eprints.ukh.ac.id/id/eprint/8341>
- Aryani, R., Afriana, & Faranita. (2022). Faktor-Faktor yang Berhubungan dengan Baby Blues Syndrome Pada Ibu Post Partum di RSUD dr. Zainoel Abidin Kota Banda Aceh. *Journal of Healthcare Technology and Medicine, 8*(2), 1327. <https://doi.org/https://doi.org/10.33143/jhtm.v8i2.2401>
- Astyandini, B., Assyaidah, S. N., Ahmad, M., Ariani, N. K. S., Mayangsari, D., Indrianingrum, I., Puspitaningrum, D., Irawati, D., & Jeniawaty, S. (2025). *Buku Deteksi Dini dan Komplikasi Masa Nifas*. Mahakarya Citra Utama.
- Azizah, N., & Rosyidah, R. (2019). Buku Ajar Asuhan Kebidanan Masa Nifas dan Menyusui. In *Umsida Press* (1st ed.). UMSIDA Press Redaksi.
- Choeron, R. C., & Ika Nofiana. (2023). Kesalahan Penggunaan Teknik Sampling Pada Penelitian Kuantitatif Di Bidang Ilmu Keperawatan Rachmat. *Jurnal Ilmiah Keperawatan, 7*(3), 195–201.
- Dewi, R., Nurbaety, Pratama, R. M. K., Adriati, F., Cahyaningtyas, A. Y., Hasanalita, Sebtalezy, C. Y., Syahridayanti, Mufidaturrosida, A., & Sari, V. M. (2024). Buku Ajar Asuhan Kebidanan pada Masa Nifas dan Menyusui. In *Nuansa Fajar Cemerlang* (1st ed.). Nuansa Fajar Cemerlang.
- Ernawati, D., Merlin, W. O., & Ismarwati. (2020). Kejadian Postpartum Blues pada Ibu Postpartum di DIY. *Journal of Ners and Midwifery, 7*(2), 203–212.

<https://doi.org/10.26699/jnk.v7i2.ART.p203>

- Etty, Komariah, S., Reykha, N., & Soni, H. (2022). Faktor-faktor Determinan Baby Blues Pada Ibu Postpartum. *Jurnal Kesehatan Bakti Tunas Husada : Jurnal Ilmu Ilmu Keperawatan, Analis Kesehatan Dan Farmasi*, 22(1), 147–156. <https://doi.org/10.36465/jkbth.v22i1.936>
- Fusar-Poli, P., Estradé, A., Mathi, K., Mabilia, C., Yanayirah, N., Floris, V., Figazzolo, E., Esposito, C. M., Mancini, M., Rosfort, R., Catalan, A., Baldwin, H., Patel, R., Stanghellini, G., Ratcliffe, M., & Maj, M. (2025). The lived experience of postpartum depression and psychosis in women: a bottom-up review co-written by experts by experience and academics. *World Psychiatry*, 24(1), 32–45. <https://doi.org/10.1002/wps.21264>
- Gowasa, D. Y., Lubis, S., Afriyani, L., & Putri, A. R. A. (2024). Hubungan Paritas , Pola Tidur dan Dukungan Suami Terhadap Postpartum Blues di PMB BDN. HJ. Rusmala Aini, SST. *Journal of Management Education Social Sciences Information and Religion*, 1(2), 415–425. <https://doi.org/https://doi.org/10.57235/mesir.v1i2.3018>
- Istigfaroh, Y., Sukarmin, & Suwanto, T. (2025). The Relationship Between Maternal Partity And Baby Blues Syndrome At Pamotan Rembang Community. *Urecol Proceeding Series*, 1079–1089. <https://doi.org/https://doi.org/10.59141/urecol.v20i1.3169>
- Krismiadi, D., Apriyanti, A., & Dina, H. (2023). Factors Related To The Event Baby Blues In Postpartum Mothers. *Indonesian Journal of Health Sciences Research and Development (Ijhsrd)*, 5(2), 157–167. <https://doi.org/10.36566/ijhsrd/vol5.iss2/189>
- Kusumawati, H., Umarianti, T., & Widyastutik, D. E. (2024). Faktor – Faktor Yang Berhubungan Dengan Kejadian Postpartum Blues Di Rsui Banyubening Boyolali. *Angewandte Chemie International Edition*, 6(11), 951–952., 7, No. 12, 2013–2015.
- Lalita, E. M. F., Indarsita, D., Melly, Sarliana, Amanupunnyo, N. A., Murtiyarini, I., Isnina, Subriah, Yauri, I., Adista, N. F., Nst, A. F. D., Lubis, R., Manik, R., Nurdahlana, Hidayati, Lilis, D. N., Fasiha, & Manueke, I. (2025). *Asuhan Kebidanan Masa Nifas* (L. O. Alifariki (ed.); 1st ed.). PT Media Pustaka Indo.
- Landman, A., Ngameni, E. G., Dubreucq, M., Dubreucq, J., Tebeka, S., & Dubertret, C. (2024). Postpartum blues: a predictor of postpartum depression, from the IGEDEPP Cohort. *European Psychiatry*, 67(1), 1–9. <https://doi.org/10.1192/j.eurpsy.2024.1741>
- M. Hamsah, Nur, I. I. M. W., & Limoa, E. (2025). Hubungan Karakteristik Ibu Primipara dengan Terjadinya Baby Blues : Literature Review. *The Indonesian*

Journal of General Medicine, 13(2), 1–12. <https://doi.org/10.70070/v64yf664>

- Mahundingan, R. O., & Andriani, D. (2024). Hubungan Dukungan Keluarga dengan Sindrom Baby Blues pada Ibu Pasca Melahirkan di Kawasan Simorejo , Kecamatan Simomulya , Kota Surabaya. *Journal of Vocational Nursing*, 5(1), 33–38. <https://doi.org/https://doi.org/10.20473/jovin.v5i1.55609>
- Manurung, S., & Setyowati, S. (2021). Development and validation of the maternal blues scale through bonding attachments in predicting postpartum blues. *Malaysian Family Physician*, 16(1), 64–74. <https://doi.org/10.51866/OA1037>
- Marwiyah, N., Suwardiman, D., Mutia, H. K., Alkarimah, N. A., Rahayu, R., Nuraeni, N., & Uzzakiyyah, I. (2022). Determinant Factors Influencing the Incidents of Postpartum Blues in Puerperium Mothers. *Faletehan Health Journal*, 9(01), 89–99. <https://doi.org/10.33746/fhj.v9i01.298>.
- Meidora, A. H., & Purnamawati, D. (2025). Efektivitas Intervensi Psikoedukasi dalam Mengurangi Gejala Postpartum Blues. *Health & Medical Sciences*, 2(4), 10. <https://doi.org/10.47134/phms.v2i4.447>
- Mones, S. Y., Lada, C. O., Jutomo, L., Trisno, I., & Roga, A. U. (2023). The Influence of Individual Characteristics, Internal and External Factors of Postpartum Mothers with Baby Blues Syndrome in Rural and Urban Areas in Kupang City. *EAS Journal of Nursing and Midwifery*, 5(1), 1–9. <https://doi.org/10.36349/easjnm.2023.v05i01.001>
- Nasional, K. E. P. dan P. K. (2021). Pedoman Dan Standar Etik Penelitian Dan Pengembangan Kesehatan Nasional. In *The Indonesian Journal of Health Science* (Vol. 10, Issue 1). Lembaga Penerbit Badan Penelitian dan Pengembangan Kesehatan (LPB). www.litbang.kemendes.go.id
- Nurseha, Lintang, S. S., Subagio, S. U., Pertasari, R. M. Y., Tyas, T. P., Perbawati, D., & Lailaturohmah. (2024). *Buku Ajar Asuhan Kebidanan Nifas dan Menyusui Nurseha*, (A. Wahd (ed.); 1st ed., Vol. 32, Issue 3). CV. Dewa Publishing.
- Permatasari, N. R., Hawaidah, & Madya, F. (2024). Faktor-Faktor yang Mempengaruhi Kejadian Baby Blues Syndrome. *Ejournal Boga*, 2(1), 150–158. <https://doi.org/10.31004/prepotif.v8i1.25215>
- Purwati, A. I., Fitria, N., & Aifa, W. E. (2023). Faktor-Faktor yang Mempengaruhi Postpartum Blues di BPM Elizabet Pekanbaru. *Jurnal Kesehatan*, 12, 171–176. <https://doi.org/10.36763/healthcare.v12i1.335>
- Rachmawati, D., Marcelina, L. A., & Permatasari, I. (2021). Hubungan Dukungan Keluarga dengan Self efficacy ibu postpartum. *Jurnal Keperawatan*, 6(2), 160–172. <https://doi.org/10.32668/jkep.v6i2.761>

- Rowi, L. A., Sholikah, S. M., & Kusumaningtyas, K. (2024). The Relationship between Parity and Type of Labor with Incidence of Postpartum Blues. *Jurnal Kebidanan*, 14(2), 134–139. <https://doi.org/https://doi.org/10.31983/jkb.v14i2.11507>
- Sari, Y. W. S., Sundjaya, T., & Helmi, T. A. R. (2025). Determinan Postpartum Blues: Tinjauan Sistematis Tentang Gangguan Suasana Hati Ibu Pasca Melahirkan. *Jurnal Promotif Preventif*, 8(4), 953–963. <https://doi.org/10.47650/jpp.v8i4.2022>
- Tosto, V., Ceccobelli, M., Lucarini, E., Tortorella, A., Gerli, S., Parazzini, F., & Favilli, A. (2023). *Personalized Medicine Maternity Blues: A Narrative Review*. <https://doi.org/10.3390/jpm13010154>
- Utami, F. P., & Nurfitra, D. (2022). Postpartum blues reviewed by the risk factors in Indonesia. *Journal of Ideas in Health*, 5(4), 766–775. <https://doi.org/10.47108/jidhealth.vol5.iss4.258>
- Wardoyo, H., Moeloek, N. D., Basrowi, R. W., Ekowati, M., Samah, K., Mustopo, W. I., Nurdjismi, E., Widyahening, I. S., Medise, B. E., Darus, F., Sundjaya, T., & Pelangi, B. (2024). Mental Health Awareness and Promotion during the First 1000 Days of Life: An Expert Consensus. *Healthcare (Switzerland)*, 12(1). <https://doi.org/10.3390/healthcare12010044>
- Widodo, S., Ladyani, F., Asrianto, L. O., Rusdi, Khairunnisa, Lestari, S. M. P., Devriany, A., Wijayanti, D. R., Dalfian, Nurcahyati, S., Sjahriani, T., Armi, Widya, N., & Rogayah. (2023). *Buku Ajar Metode Penelitian*. 1–161.
- Wijaya, W., Limbong, T. O., & Yulianti, D. (2023). Buku Ajar Asuhan Kebidanan Nifas untuk Sarjana Akademik dan Profesi. In M. Nasrudin (Ed.), *Akademi Kebidanan Griya Husada Surabaya* (1st ed., Issue 1). PT Nasya Expanding Management.
- Winarningsih, R. A., Insani, W. N., Danefi, T., Sunarni, N., Litasari, R., Solihah, R., Hikma, Ruhayati, R., & Khodijah, U. P. (2024). *Panduan Asuhan Kebidanan Pada Masa Nifas (Post Partum)* (V. Basyir & B. T. Pratiwi (eds.); pertama). Tohar Media.
- Yulaikah, S., Susilowati, D., & Dewi, D. S. (2024). Hubungan Status Paritas Dengan Kejadian Post Partum Blues Di Wilayah Kerja Puskesmas Juwiring Klaten. *Jurnal Kebidanan*, 4(2), 121–130. <https://doi.org/10.32695/jbd.v4i2.577>