

ABSTRAK

Noval Dwi Cahya Ramadhan

PENGARUH PENYULUHAN DENGAN METODE DEMONSTRASI TERHADAP PERUBAHAN KETERAMPILAN CARA MENYIKAT GIGI LANSIA DI PUSKESMAS PASEAN

xvii + 77 Halaman + 7 Tabel + 13 Lampiran

Lansia merupakan kelompok rentan terhadap ketidakseimbangan finansial dan kesehatan. Kurangnya pemahaman lansia tentang kesehatan gigi disebabkan oleh kurangnya pengetahuan dan pembelajaran. Penyuluhan dilakukan agar mereka mampu mengidentifikasi serta mencegah permasalahan gigi dan mulut. Meningkatkan keterampilan lansia merupakan cara terbaik dalam menjaga kesehatan gigi yaitu dengan memakai metode demonstrasi, sehingga lansia dapat terampil dalam menyikat gigi dan terhindar dari masalah kesehatan gigi dan mulut.

Studi ini memakai pendekatan kualitatif analitik menggunakan observasi melibatkan 36 lansia di puskesmas pasean sebagai responden. Data dikumpulkan melalui lembar observasi *checklist* yang mengukur tingkat keterampilan cara menyikat gigi lansia di puskesmas pasean. Analisis data menggunakan teknik *Quasi Experiment*.

Hasil penelitian menunjukkan terdapat Pengaruh antara penyuluhan metode demonstrasi terhadap perubahan keterampilan cara menyikat gigi lansia di Puskesmas Pasean, nilai *Asymp. Sig. (2-tailed)* sebesar .000 lebih kecil dari (0,05). yang berarti, sebelum dilakukan penyuluhan dengan menerapkan teknik demonstrasi, tingkat keterampilan lansia dalam menyikat gigi ada pada kategori perlu bimbingan, dan setelah dilakukan penyuluhan dengan menerapkan teknik demonstrasi, tingkat keterampilan lansia dalam menyikat gigi pada kategori sangat bagus.

Kata Kunci : penyuluhan, demonstrasi, keterampilan, gigi, dan lansia

Daftar Buku : 7 buku (2002 – 2018)

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ABSTRACT

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THE EFFECT OF COUNSELING WITH THE DEMONSTRATION METHOD ON CHANGES IN ELDERLY TEETH BRUSHING SKILLS AT THE PASEAN COMMUNITY HEALTH CENTER

xvii + 77 Pages + 7 Tables + 13 Appendices

The elderly are a vulnerable group to financial with health imbalances. The lack of understanding of the elderly about dental health is caused by nescience. Counseling is carried out so that eldelry able to identify and prevent dental and oral problems. Improving the skills of the elderly is the best way to maintain dental health, namely by using the demonstration method, so that the elderly can be skilled in brushing their teeth and avoid dental and oral health problems.

Current study uses a qualitative analytical approach by monitoring 36 elderly people at the Pasean Community Health Center as respondents. Data were collected through a checklist observation sheet that measures the level of elderly people's tooth brushing skills at the Pasean Community Health Center. Data analysis used the Quasi Experiment technique.

The results of the study showed that there was an influence between the demonstration method counseling on transformation with the elderly's tooth brushing skills at the Pasean Health Center, value the Asymp. Sig. (2-tailed) is .000 which was smaller relative to (0.05). This implied before counseling was carried out by applying the demonstration technique, elderly skill with brushing teeth was include to category of needing guidance, and after counseling was carried out by applying the demonstration technique, eldelry skill with brushing teeth was include to very good category.

Keyword : counseling, demonstration, tooth, and the elderly
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