

## ABSTRAK

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PENGELOLAAN SERAGAM PASIEN RUMAH SAKIT RADJIMAN  
WEDIODININGRAT LAWANG UNTUK MENGURANGI RISIKO PENYAKIT  
KULIT TAHUN 2025

xv + 45 Halaman + 3 Tabel + 5 Lampiran

Seragam pasien yang tidak dikelola dengan baik dapat menjadi media penyebaran mikroorganisme penyebab infeksi kulit di rumah sakit. Penelitian ini bertujuan untuk menggambarkan proses pengelolaan seragam pasien di Rumah Sakit Radjiman Wediodiningrat Lawang serta mengidentifikasi faktor-faktor risiko yang berkontribusi terhadap penyakit kulit akibat pengelolaan seragam yang tidak sesuai standar.

Penelitian ini menggunakan metode deskriptif dengan pendekatan observasional. Observasi dilakukan selama tiga hari di Instalasi *Laundry* rumah sakit, mencakup lima variabel utama: perencanaan, distribusi, pengangkutan, pencucian, serta penyimpanan seragam kotor dan distribusi seragam bersih. Instrumen yang digunakan adalah lembar checklist yang disusun berdasarkan standar prosedur operasional (SPO) rumah sakit dan pedoman Kementerian Kesehatan.

Hasil observasi menunjukkan bahwa sebagian besar aspek pengelolaan seragam pasien telah dilakukan sesuai prosedur dan memenuhi prinsip kebersihan. Beberapa kendala teknis masih ditemukan, seperti perendaman linen di wadah terbuka dan penutupan kantong linen yang kurang optimal. Namun, secara keseluruhan proses berjalan dengan baik dan terstruktur. Praktik pengelolaan ini juga didukung oleh data dari Tim PPI yang menyatakan tidak ditemukan kasus penyakit kulit pada pasien jiwa selama enam bulan terakhir. Hal ini mengindikasikan bahwa pengelolaan seragam pasien telah berkontribusi terhadap upaya pencegahan infeksi kulit di rumah sakit.

Kesimpulannya, pengelolaan seragam pasien di RSJ Dr. Radjiman Wediodiningrat Lawang tergolong baik dan telah sesuai SOP, meskipun masih diperlukan perbaikan pada tahap perendaman dan penutupan kantong linen. Disarankan agar rumah sakit melakukan pelatihan berkala, memasang SOP visual di area kerja, dan melakukan monitoring rutin untuk memastikan konsistensi penerapan prosedur oleh seluruh petugas *laundry*.

Kata kunci: Pengelolaan seragam, penyakit kulit, rumah sakit, infeksi nosokomial,  
linen pasien

Daftar bacaan : 23 buku (2008-2017)

## ABSTRACT

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*MANAGEMENT OF PATIENT UNIFORMS RADJIMAN WEDIODININGRAT LAWANG HOSPITAL TO REDUCE THE RISK OF SKIN DISEASES IN 2025*

*xv + 90 Pages + 3 Tables + 5 Appendices*

*Poorly managed patient uniforms can serve as a medium for the spread of microorganisms that cause skin infections in hospitals. This study aimed to describe the management process of patient uniforms at Radjiman Wediodiningrat Lawang Hospital and to identify risk factors that contributed to skin diseases due to non-standard uniform management.*

*This research used a descriptive method with an observational approach. The observation was conducted over three consecutive days in the hospital's Laundry Installation, covering five main variables: planning, distribution, transportation, washing, and the storage of soiled clothing and distribution of clean clothing. The instrument was a checklist form that was developed based on the hospital's standard operating procedures (SOP) and the Ministry of Health guidelines.*

*The results showed that most aspects of patient clothing management were carried out according to procedures and adhered to hygiene principles. Some technical issues were still found, such as soaking linen in open containers and improperly sealed infectious linen bags. However, overall, the process ran well and was well-structured. This practice was also supported by data from the hospital's Infection Prevention and Control Team, which reported no cases of skin disease among psychiatric patients over the past six months. This indicated that proper management of patient clothing contributed to the prevention of skin infections in the hospital.*

*In conclusion, the management of patient uniforms at Dr. Radjiman Wediodiningrat Psychiatric Hospital was generally good and was in accordance with SOP, although improvements were still needed in the soaking process and closing of linen bags. It was recommended that the hospital conduct regular training, post visual SOPs in the work area, and perform routine monitoring to ensure consistent implementation of procedures by all laundry staff.*

*Keywords: Uniform management, skin disease, hospital, nosocomial infection, patient linen*

*References : 23 books (2008-2017)*