

ABSTRAK

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HUBUNGAN INFORMASI, MOTIVASI, DAN KETERAMPILAN PERILAKU DENGAN UPAYA PENCEGAHAN PENULARAN TUBERKULOSIS

(Studi di Wilayah Kerja Puskesmas Gading, Kecamatan Tambaksari Tahun 2025)
xv + 75 Halaman + 18 Tabel + 10 Lampiran

Tuberkulosis (TB) merupakan salah satu penyakit menular. Upaya pencegahan penularan TB masih menjadi masalah kesehatan di wilayah kerja Puskesmas Gading, dari 148 kasus (2022) menjadi 198 kasus (2024). Sebagian besar pasien belum memahami gejala awal, enggan berobat rutin, dan kurang menerapkan perilaku pencegahan. Penelitian ini bertujuan menganalisis hubungan antara informasi, motivasi, dan keterampilan perilaku dengan upaya pencegahan penularan TB.

Penelitian menggunakan metode kuantitatif dengan desain *cross sectional*. Populasi penelitian adalah 68 pasien TB BTA+ yang menjalani pengobatan dalam 6 bulan terakhir. Sampel diambil sebanyak 59 responden menggunakan teknik *simple random sampling*. Instrumen penelitian menggunakan kuesioner dan data dianalisis dengan uji *chi-square*.

Hasil penelitian menunjukkan hubungan yang signifikan ($p\text{-value} < 0,05$) antara ketiga variabel dengan upaya pencegahan penularan TB. Variabel informasi ($p\text{-value} = 0,004$), motivasi ($p\text{-value} = 0,011$), dan keterampilan perilaku ($p\text{-value} = 0,001$). Responden dengan tingkat informasi, motivasi, dan keterampilan yang baik cenderung lebih banyak melakukan tindakan pencegahan seperti memakai masker, menjaga ventilasi, dan mematuhi pengobatan.

Penelitian ini menyimpulkan terdapat hubungan signifikan antara informasi, motivasi, dan keterampilan perilaku dengan upaya pencegahan penularan TB. Informasi yang baik membantu pasien memahami pentingnya pencegahan penularan. Motivasi yang tinggi mendorong pasien menerapkan perilaku pencegahan secara konsisten. Keterampilan perilaku yang baik memungkinkan pasien melakukan tindakan pencegahan dengan tepat. Ketiga faktor ini saling mendukung keberhasilan program pencegahan penularan TB.

Kata kunci : tuberkulosis, informasi, motivasi, keterampilan perilaku
Daftar bacaan : 40 referensi (2017-2025)

ABSTRACT

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THE RELATIONSHIP BETWEEN INFORMATION, MOTIVATION, AND BEHAVIOURAL SKILLS WITH EFFORTS TO PREVENT THE SPREAD OF TUBERCULOSIS

(A Study in the Gading Community Health Centre Working Area in 2025)

xv + 75 Pages + 18 Tables + 10 Appendices

Tuberculosis (TB) is one of the infectious diseases. TB transmission prevention efforts remain a health problem in the Gading Public Health Center working area, with cases increasing from 148 (2022) to 198 (2024). Most patients did not understand early symptoms, were reluctant to seek regular treatment, and poorly implemented preventive behaviors. This study aimed to analyze the relationship between information, motivation, and behavioral skills with TB transmission prevention efforts.

This study used a quantitative method with a cross-sectional design. The study population consisted of 68 smear-positive TB patients who had undergone treatment in the last 6 months. A sample of 59 respondents was taken using simple random sampling technique. The research instrument used questionnaires and data were analyzed using chi-square test.

The results showed a significant relationship (p -value < 0.05) between the three variables and TB transmission prevention efforts. Information variable (p -value = 0.004), motivation (p -value = 0.011), and behavioral skills (p -value = 0.001). Respondents with good levels of information, motivation, and skills tended to perform more preventive actions such as wearing masks, maintaining ventilation, and adhering to treatment.

This study concluded that there was a significant relationship between information, motivation, and behavioral skills with TB transmission prevention efforts. Good information helped patients understand the importance of transmission prevention. High motivation encouraged patients to implement preventive behaviors consistently. Good behavioral skills enabled patients to perform preventive actions appropriately. These three factors mutually support the success of TB transmission prevention programs.

Keywords: tuberculosis, information, motivation, behavioural skills

References : 40 Reference (2017-2025)