

## DAFTAR SINGKATAN DAN SIMBOL

### DAFTAR SINGKATAN

DASH	=	<i>Dietary Active Stop Hypertension</i>
IPAQ	=	<i>International Physical Activity Questionnaire</i>
WHO	=	<i>World Health Organization</i>
MSG	=	<i>Monosodium Glutamate</i>
HPF	=	<i>High Proceed Food</i>
NaCl	=	<i>Natrium Cloride</i>
MOE	=	<i>Margin Of Error</i>
PAR	=	<i>Physical Activity Rate</i>
PAL	=	<i>Physical Activity Level</i>