

DAFTAR SINGKATAN

AF	: <i>Atrial Fibrillation</i>
BDI	: <i>Beck Depression Inventory</i>
BIPQ	: <i>Brief Illness Perception Questionnaire</i>
CAQ	: <i>Coping Appraisal Questionnaire</i>
CBT	: <i>Cognitive Behavior Therapy</i>
CHD	: <i>Chronic Heart Disease</i>
COMISA	: <i>Comorbid Insomnia and Sleep Apnea</i>
CR	: <i>Cardiac Rehabilitation</i>
CROQ	: <i>Coronary Revascularisation Outcomes Questionnaire</i>
HAM-D	: <i>Hamilton Depression Rating Scale</i>
HARS	: <i>Hamilton Anxiety Rating Scale</i>
HF	: <i>Heart Failure</i>
HH	: <i>Healthy Hearts</i>
HRQoL	: <i>Health-Related Quality of Life</i>
HS	: <i>Health Status</i>
ICC	: <i>Intraclass Correlation Coefficient</i>
IPAQ	: <i>International Physical Activity Questionnaire</i>
ISI	: <i>Insomnia Severity Index</i>
KCCQ	: <i>Kansas City Cardiomyopathy Questionnaire</i>
MADRS	: <i>Montgomery-Åsberg Depression Rating Scale</i>
MD	: <i>Mean Difference</i>
PHQ	: <i>Patient Health Questionnaire</i>
PSQI	: <i>Pittsburgh Sleep Quality Index</i>
QoL	: <i>Quality of Life</i>
RCT	: <i>Randomized Controlled Trial</i>
SCHFI	: <i>Self-Care of Heart Failure Index</i>
SMD	: <i>Standardized Mean Difference</i>