

DAFTAR SINGKATAN

WHO	= <i>World Health Organization</i>
BPS	= Badan Pusat Statistik
CBT	= <i>Cognitive Behavior Therapy</i>
ROP	= Relaksasi Otot Progresif
UPTD	= Unit Pelaksana Teknis Daerah
GDS	= <i>Geriatric Stress Scale</i>