

ABSTRAK

ASUHAN KEPERAWATAN DENGAN PERAWATAN LUKA *MODERN DRESSING* UNTUK MENURUNKAN GANGGUAN INTEGRITAS KULIT PADA KLIEN *POST OPERASI DEBRIDEMENT* ULKUS DIABETIKUM DI RSPAL dr.RAMELAN SURABAYA

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Penelitian ini bertujuan untuk mengetahui gambaran penerapan asuhan keperawatan dengan metode perawatan luka *modern dressing* untuk menurunkan gangguan integritas kulit pada klien post operasi debridement ulkus diabetikum di Ruang Halmahera 2 RSPAL dr. Ramelan Surabaya. Desain penelitian ini menggunakan pendekatan studi kasus dengan tahapan pengkajian, penetapan diagnosis keperawatan, perencanaan tindakan, implementasi, dan evaluasi keperawatan. Pengumpulan data dilakukan melalui wawancara, observasi langsung, serta penilaian kondisi luka dengan *Bates-Jensen Wound Assessment Tool* (BWAT). Hasil menunjukkan penurunan skor BWAT yang signifikan, dari kategori berat ke sedang, disertai perbaikan jaringan granulasi setelah perawatan luka menggunakan foam dressing dengan larutan NaCl 0,9%. Prinsip *moist wound healing* terbukti mempercepat epitelisasi, mempertahankan kelembapan luka, serta mencegah infeksi sekunder. Temuan ini mendukung hasil penelitian Gaol & Phonna (2023), Manto et al. (2023), dan Sari & Susanti (2022) yang membuktikan efektivitas *modern dressing* pada luka ulkus diabetikum. Kesimpulannya, intervensi perawatan luka modern dressing dapat direkomendasikan sebagai strategi keperawatan berbasis bukti (*evidence-based practice*) untuk meningkatkan kualitas penyembuhan luka ulkus diabetikum dan mencegah komplikasi lebih lanjut.

Kata Kunci: Ulkus Diabetikum, Modern Dressing, BWAT (*Bates-Jansen Wound Assesment Tools*), Gangguan Integritas Kulit.

ABSTRACT

NURSING CARE WITH MODERN WOUND CARE DRESSING TO REDUCE IMPAIRED SKIN INTEGRITY IN POST-SUPERVISORY DIABETIC ULCER DEBRIDEMENT CLIENTS AT Dr. Ramelan Military Hospital, Surabaya

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This study aims to describe the application of nursing care using the modern dressing wound care method to reduce skin integrity disorders in post-diabetic ulcer debridement surgery clients in the Halmahera 2 Ward of Dr. Ramelan Naval Hospital, Surabaya. This study design uses a case study approach with stages of assessment, establishing a nursing diagnosis, action planning, implementation, and nursing evaluation. Data collection was carried out through interviews, direct observation, and wound condition assessment with the Bates-Jensen Wound Assessment Tool (BWAT). The results showed a significant decrease in the BWAT score from severe to moderate, accompanied by improvement in granulation tissue after wound care using foam dressing with 0.9% NaCl solution. The principle of moist wound healing has been shown to accelerate epithelialization, maintain wound moisture, and prevent secondary infections. These findings support the results of studies by Gaol & Phonna (2023), Manto et al. (2023), and Sari & Susanti (2022) which prove the effectiveness of modern dressings on diabetic ulcer wounds. In conclusion, modern dressing wound care intervention can be recommended as an evidence-based nursing strategy to improve the quality of diabetic ulcer wound healing and prevent further complications.

Keywords: *Diabetic Ulcer, Modern Dressing, BWAT (Bates-Jansen Wound Assesment Tools), Impaired Skin Integrity*