

ABSTRAK

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STUDI DESKRIPTIF DUKUNGAN SOSIAL KELUARGA DALAM
PERAWATAN ORANG DENGAN SKIZOFRENIA (ODS) DI WILAYAH
KECAMATAN TANGGULANGIN

xvii + 85 Halaman + 10 Tabel + 11 Lampiran

Pendahuluan: Skizofrenia merupakan gangguan mental berat yang ditandai dengan disfungsi dalam aspek berpikir, emosi, serta perilaku. Keterlibatan keluarga dalam memberikan dukungan sosial memiliki peranan penting bagi proses perawatan dan pemulihan penderita. Penelitian ini bertujuan mengetahui bentuk dan tingkat dukungan sosial keluarga terhadap Orang dengan Skizofrenia (ODS) di Desa Ganggang Panjang, Kecamatan Tanggulangin. **Metode:** Penelitian ini menggunakan desain deskriptif kuantitatif dengan pendekatan potong lintang (cross-sectional) dan melibatkan 27 responden melalui teknik total sampling. Instrumen penelitian berupa kuesioner yang mencakup empat aspek dukungan sosial, yaitu emosional, instrumental, informasional, dan persahabatan. **Hasil:** Hasil penelitian menunjukkan bahwa dukungan emosional berada dalam kategori cukup baik (70,37%), dukungan instrumental cukup baik (51,85%), dukungan informasional sebagian besar kurang baik (81,48%), sedangkan dukungan persahabatan tergolong baik (62,96%). Selain itu, dukungan sosial keluarga cenderung meningkat seiring lamanya pasien mengalami gangguan jiwa. **Kesimpulan:** Secara keseluruhan, dukungan sosial keluarga terhadap ODS dapat dikatakan cukup baik, namun aspek informasional masih rendah sehingga diperlukan peran tenaga kesehatan dalam memberikan edukasi agar perawatan pasien di rumah dapat lebih optimal.

Kata Kunci: Skizofrenia, Dukungan Sosial, Keluarga, ODS, Perawatan

Daftar Bacaan: 4 buku, 10 jurnal (2007-2022)

ABSTRACT

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STUDI DESKRIPTIF FAMILY SOCIAL SUPPORT IN THE CARE OF PEOPLE WITH SCHIZOPRENIA (PWS) IN TANGGULANGIN DISTRICT

xvii + 85 Pages + 10 Tables + 11 Appendices

Introduction: Schizophrenia is a severe mental disorder characterized by dysfunction in thinking, emotions, and behavior. Family involvement in providing social support plays an important role in the treatment and recovery process of patients. This study aims to identify the forms and levels of family social support for People with Schizophrenia (PWS) in Ganggang Panjang Village, Tanggulangin District. **Methods:** This research employed a descriptive quantitative design with a cross-sectional approach and involved 27 respondents using a total sampling technique. The research instrument was a questionnaire covering four aspects of social support: emotional, instrumental, informational, and companionship. **Results:** The results showed that emotional support was fairly good (70.37%), instrumental support was fairly good (51.85%), informational support was mostly poor (81.48%), while companionship support was categorized as good (62.96%). In addition, family social support tended to increase with the duration of the patient's mental illness. **Conclusion:** Overall, family social support for PWS can be considered fairly good, although informational support remains low. Therefore, the role of healthcare providers in delivering education is needed to optimize patient care at home.

Keywords: Schizophrenia, Social Support, Family, ODS, Care

References: 4 books, 10 journals (2007-2022)