

DAFTAR SINGKATAN

APKI	: Asosiasi Pelatih Kebugaran Indonesia
HNP	: Herniasi Nukleus Pulposus
NANDA	: <i>North American Nursing Diagnosis Association</i>
NSAID	: <i>Non Steroid Anti Inflammatory Drugs</i>
PPNI	: Persatuan Perawat Nasional Indonesia
ROM	: <i>Range Of Motion</i>
SDKI	: Standar Diagnosis Keperawatan Indonesia
SIKI	: Standar Intervensi Keperawatan Indonesia
SLKI	: Standar Luaran Keperawatan Indonesia
SOAP	: <i>Subjective, Objective, Analysis, Planning</i>
WHO	: <i>World Health Organization</i>