

ABSTRAK

TINGKAT PENGETAHUAN KELUARGA DALAM PENCEGAHAN PENULARAN TUBERKULOSIS PARU DI PUSKESMAS TUBAN

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Penyakit menular yang dikenal sebagai tuberkulosis (TB), yang sebagian besar menyerang paru-paru, disebabkan oleh bakteri *Mycobacterium tuberculosis*. Meskipun upaya pencegahan terus dilakukan, masih banyak kasus tuberkulosis paru di Indonesia. Kurangnya kesadaran keluarga tentang pencegahan penularan merupakan salah satu penyebabnya. Kasus TB di Puskesmas Tuban meningkat dari 51 (2022) jadi 69 (2023) dan 75 (2024). Tujuannya studi ini guna melaksanakan pengukuran tingkatan pengetahuan keluarga dalam pencegahan penularan TBC Paru.

Desain studi ialah deskriptif dengan pendekatannya *Crossectional*. Populasi studi yakni keseluruhan keluarga pasien TB paru tahun 2024 di Pukesmas Tuban jumlahnya 75 orang dengan sample 64 orang. Teknik sampling dipakai yakni *Simple Random Sampling*. Variable studi yakni tingkatan pengetahuan keluarga dalam pencegahan penularan tuberkulosis paru. Datanya diambil memakai kuesioner serta diolahnya memakai SPSS.

Temuan studi memperlihatkan hampir keseluruhan (95%) keluarga penderita TB Paru di Puskesmas Tuban berusia 19–59 tahun, sebagian besar (58%) berpendidikan SMA, dan sebagian besar (55%) memiliki pekerjaan. Namun, hampir setengahnya (41%) keluarga penderita memiliki pengetahuan yang kurang dalam pencegahan penularan TBC. Namun, seluruhnya (100%) keluarga penderita dengan pengetahuan kurang berumur 10–19 tahun, seluruhnya (100%) keluarga penderita berpendidikan SD, dan hampir setengahnya (48%) keluarga penderita dengan pengetahuan kurang memiliki pekerjaan.

Upaya menurunkan angka TBC Paru dapat dilakukan melalui motivasi dan konseling selama pengobatan, serta peningkatan penyuluhan, motivasi, dan pelayanan oleh tenaga kesehatan, khususnya kepada keluarga yang memiliki anggota terinfeksi TBC Paru.

Kata Kunci: Tuberkulosis Paru, Pengetahuan, Keluarga

ABSTRACT

FAMILY KNOWLEDGE LEVEL IN PREVENTION OF PULMONARY TUBERCULOSIS TRANSMISSION IN TUBAN COMMUNITY HEALTH CENTER

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*Tuberculosis (TB), a contagious disease that mainly affects the lungs, is caused by the bacterium *Mycobacterium tuberculosis*. Despite ongoing prevention efforts, there are still many cases of pulmonary tuberculosis in Indonesia. One of the reasons for this is a lack of awareness among families about preventing transmission. TB cases at the Tuban Community Health Center increased from 51 (2022) to 69 (2023) and 75 (2024). The purpose of this study was to measure the level of family knowledge in preventing the transmission of pulmonary TB.*

The study design was descriptive with a cross-sectional approach. The study population consisted of all families of pulmonary TB patients in 2024 at the Tuban Community Health Center, totaling 75 people, with a sample of 64 people. The sampling technique used was simple random sampling. The study variable was the level of family knowledge in preventing the transmission of pulmonary tuberculosis. The data were collected using a questionnaire and processed using SPSS.

The study findings showed that almost all (95%) of the families of pulmonary TB patients at the Tuban Community Health Center were aged 19–59 years, most (58%) had a high school education, and most (55%) had jobs. However, nearly half (41%) of the families of patients had insufficient knowledge about preventing the transmission of tuberculosis. However, all (100%) of the families of patients with insufficient knowledge were aged 10–19 years, all (100%) of the families of patients had an elementary school education, and nearly half (48%) of the families of patients with insufficient knowledge were employed.

Efforts to reduce the number of Pulmonary TB cases can be done through motivation and counseling during treatment, as well as increasing education, motivation, and services by health workers, especially for families who have members infected with Pulmonary TB.

Keywords : Pulmonary Tuberculosis, Knowledge, Family