

ABSTRAK

PENGETAHUAN IBU TENTANG PENANGANAN PERTAMA DIARE PADA BALITA DI WILAYAH KERJA PUSKESMAS GADING SURABAYA

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ABSTRAK

Diare ialah salah satu penyebab utama kesakitan serta kematian balita, terutama di negara-negara berkembang seperti Indonesia. Untuk menghindari komplikasi serius seperti dehidrasi berat, pertumbuhan dan perkembangan terhambat, bahkan kematian, perawatan ibu sejak dini sangatlah penting. Penelitian ini bertujuan untuk mengetahui tingkat pengetahuan ibu tentang penanganan pertama diare pada balita di Wilayah Kerja Puskesmas Gading Surabaya berdasarkan usia, pendidikan, pekerjaan, dan sumber informasi. Penelitian ini menggunakan pendekatan *cross sectional* dan desain deskriptif kuantitatif. Dengan menggunakan Teknik *accidental sampling*, 72 ibu dengan anak usia 1 hingga 5 tahun menjadi sampel. Kuesioner yang telah divalidasi digunakan sebagai alat penelitian, dan distribusi frekuensi serta persentase digunakan untuk menganalisis data. Hasil penelitian memperlihatkan sebagian besar (55,6%) ibu balita mempunyai pengetahuan kurang tentang penanganan pertama diare pada balita. Berdasarkan karakteristik ibu balita yang mempunyai pengetahuan kurang tentang penanganan pertama diare pada balita yaitu yang berusia muda, berpendidikan rendah, bekerja sebagai buruh, dan yang mendapat sumber informasi dari keluarga. Perlu peningkatan kerja sama antara kader dan petugas kesehatan dalam upaya edukasi penanganan pertama diare pada balita melalui program penyuluhan kesehatan rutin di posyandu ataupun puskesmas. Penyuluhan kesehatan dapat menggunakan media leaflet, video maupun demonstrasi agar mudah dipahami oleh ibu balita.

Kata Kunci: Pengetahuan Ibu, Penanganan Pertama, Diare, Balita

ABSTRACT

MOTHERS' KNOWLEDGE ABOUT FIRST AID MANAGEMENT OF DIARRHEA IN TODDLERS IN THE WORKING AREA OF GADING PUBLIC HEALTH CENTER, SURABAYA

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ABSTRACT

Diarrhea is a major cause of morbidity and mortality in infants, especially in developing countries like Indonesia. To avoid serious complications such as severe dehydration, stunted growth and development, and even death, early maternal care is crucial. This study aims to determine the level of maternal knowledge regarding first aid for diarrhea in toddlers in the Gading Surabaya Community Health Center working area based on age, education, occupation, and information sources. This study used a cross-sectional approach and a quantitative descriptive design. Using an accidental sampling technique, 72 mothers with children aged 1 to 5 years were sampled. A validated questionnaire was used as the research tool, and frequency distributions and percentages were used to analyze the data. The results showed that the majority (55.6%) of mothers of toddlers had insufficient knowledge regarding first aid for diarrhea in toddlers. Based on the characteristics of mothers of toddlers who had insufficient knowledge about first aid for diarrhea in toddlers, they were young, had low education, worked as laborers, and received information from family members. Collaboration between cadres and health workers is needed to improve education on first aid for diarrhea in toddlers through routine health education programs at integrated health posts (Posyandu) or community health centers (Puskesmas). Health education can use leaflets, videos or demonstrations to make it easier for mothers of toddlers to understand.

Keywords: Mothers' Knowledge, First Aid, Diarrhea, Toddlers