

“PENGETAHUAN REMAJA TENTANG DAMPAK SEKS PRANIKAH DI SMP NEGERI 45 SURABAYA”

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ABSTRAK

Masa remaja merupakan periode yang rentan terhadap seks pranikah yang berisiko, sehingga penting untuk mengetahui pengetahuan remaja tentang dampak seks pranikah. Penelitian ini bertujuan untuk mengidentifikasi pengetahuan remaja khususnya pengurus OSIS SMP Negeri 45 Surabaya tentang dampak seks pranikah guna mendukung upaya pencegahan seks pranikah. Jenis penelitian ini menggunakan metode penelitian deskriptif dengan rancangan *cross sectional*, dan teknik *non probability sampling* dengan *total sampling*, jumlah sampel penelitian sebanyak 32 siswa. Data yang didapatkan kemudian dianalisis secara deskriptif dalam bentuk tabel dan persentase. Pengumpulan data menggunakan kuesioner yang mengukur pengetahuan remaja tentang dampak psikologis, dampak fisik, dampak sosial dan dampak ekonomi seks pranikah. Hasil penelitian didapatkan keseluruhan siswa dengan total 32 siswa, 100% berpengetahuan baik tentang dampak psikologis, fisik, sosial dan ekonomi seks pranikah. Hasil penelitian ini diharapkan agar sekolah memperhatikan pentingnya pengetahuan remaja tentang dampak seks pranikah. Pengetahuan yang baik di kalangan remaja SMPN 45 Surabaya menunjukkan remaja telah mendapat informasi mengenai dampak seks pranikah. Pengetahuan yang baik perlu terus didukung dan diawasi agar remaja mampu menghindari seks pranikah. Peran sekolah dan keluarga sangat penting dalam menyediakan informasi yang akurat, sehingga remaja tidak mendapat informasi yang salah.

Kata kunci: Dampak Seks Pranikah, OSIS, Pengetahuan, Remaja.

**“ADOLESCENTS’ KNOWLEDGE ABOUT THE IMPACT OF PREMARITAL
SEX AT SMP NEGERI 45 SURABAYA”**

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ABSTRACT

Adolescence is a vulnerable period prone to risky premarital sexual behavior, making it important to understand teenagers' knowledge about the impacts of premarital sex. This study aims to identify the knowledge of adolescents, specifically the student council members (OSIS) of SMP Negeri 45 Surabaya, regarding the consequences of premarital sex in order to support efforts to prevent such behavior. This research employed a descriptive study design with a cross-sectional approach and used a non-probability sampling technique with total sampling. The study sample consisted of 32 students. The data collected were then analyzed descriptively using tables and percentages. Data collection was conducted through a questionnaire measuring adolescents' knowledge about the psychological, physical, social, and economic impacts of premarital sex. The results showed that all 32 students (100%) possessed good knowledge about the psychological, physical, social, and economic consequences of premarital sex. These findings are expected to encourage schools to emphasize the importance of educating adolescents about the impacts of premarital sex. The good level of knowledge among SMPN 45 Surabaya adolescents indicates that they have received information regarding the consequences of premarital sex. This positive knowledge must continue to be supported and monitored to enable adolescents to avoid engaging in premarital sexual activities. The role of schools and families is crucial in providing accurate information to prevent adolescents from receiving misinformation.

Keyword: *Adolescence, Impact of Premarital Sexual, Knowledge, Student Council (OSIS).*