

DAFTAR SINGKATAN

AAS	: <i>Anxiety Analog Scale</i>
BPS	: Badan Pusat Statistik
dkk	: Dan kawan-kawan
DSM-II	: <i>Diagnostic and Statistical Manual of Mental Disorders</i>
FSH	: <i>Follicle Stimulating Hormone</i>
HARS	: <i>Hamillton Anxiety Rating Scale</i>
ISI	: <i>Insomnia Severity Index</i>
KK	: Kartu Keluarga
LH	: <i>Luteinizing Hormone</i>
KSPBJ-IRS	: Kelompok Studi Psikiatri Biologi Jakarta – <i>Insomnia Rating Scale</i>
NSF	: <i>National Sleep Foundation</i>
RT	: Rukun Tetangga
RW	: Rukun Warga
STAI	: <i>State-Trait Anxiety Inventory</i>
VAS-A	: <i>Visual Analog Scale for Anxiety</i>
WHO	: <i>World Health Organization</i>
ZSAS	: <i>Zung Self-rating Anxiety Scale</i>