

ABSTRAK

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LAPORAN KASUS IBU HAMIL DENGAN ANEMIA DI PUSKESMAS KAPAS KECAMATAN KAPAS KABUPATEN BOJONEGORO

Penyakit yang dikenal dengan anemia ini terjadi saat kadar hemoglobin (Hb) ibu kurang dari 12 gr%. Namun, anemia saat hamil terjadi ketika kadar hemoglobin ibu kurang dari 11 gr% pada trimester pertama serta ketiga, atau kurang dari 10,5 gr% di trimester kedua. Berdasarkan data Profil Kesehatan Kabupaten Bojonegoro di Puskesmas Kapas pada tahun 2022, sebanyak 58 (19,39%) ibu hamil mengalami anemia, serta pada tahun 2023 sebanyak 60 (20,27%) dari 296 ibu hamil mengalami anemia. Kajian ini menggunakan data kasus Ny.S G2P101A0, 34 tahun, usia kehamilan 35-36 minggu, berat badan 56,5 kg, TD 116/80 mmHg, N 90x/menit, pernafasan 21x/menit, suhu 35,5°C, dan hemoglobin 10gr% untuk menggambarkan asuhan kebidanan kepada ibu hamil pengidap anemia di Puskesmas Kapas.

Studi ini menggunakan tujuh langkah Varney meliputi pengumpulan data, interpretasi data dasar, potensi, tindakan mendesak, perencanaan, pelaksanaan diagnostik, serta penilaian pada kerangka laporan kasus untuk pengelolaan asuhan kebidanan.

Suplemen zat besi dan pemeriksaan prenatal merupakan cara efektif untuk mengatasi anemia pada wanita hamil, menurut temuan studi dan perdebatan ini. Pada catatan perkembangan ibu dapat disimpulkan bahwa keadaan umum ibu baik kadar hemoglobin ibu meningkat di kunjungan selanjutnya.

Simpulan dari tujuh langkah menurut Varney yang terdiri dari Pengumpulan data, mengidentifikasi diagnose serta permasalahan potensial, tindakan cepat, perencanaan, pengerjaan serta penilaian. Semua langkah tersebut dijalankan sesuai dengan kebutuhan pasien sehingga masalah dapat teratasi.

Kata kunci : Laporan Kasus Hamil, Anemia

ABSTRACT

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CASE REPORT OF PREGNANT WOMEN WITH ANEMIA AT KAPAS HEALTH CENTER, KAPAS DISTRICT, BOJONEGORO REGENCY

First Things First When a mother's blood hemoglobin (Hb) level is less than 12 gr%, she is told to have anemia. When a mother's hemoglobin level falls below 11 gr% in the first and third trimesters or falls below 10.5 gr% in the second, it is referred to as anemia in pregnancy. According to the Kapas Health Center's Health Profile statistics for Bojonegoro Regency, 58 (19.39%) out of 299 pregnant women had anemia in 2022. Out of 296 pregnant women, 60 (20.27%) had anemia in 2023. In this study, the midwifery treatment for anemic pregnant women at the Kapas Health Center is described for Mrs. S, G2P101A0, 34, whose gestational age was 35–36 weeks. The general condition of the mother is good, with a weight of 56.5 kg, blood pressure of 116/80 mmHg, pulse: 90 beats/min, respiration: 21 breaths/min, temperature: 35.5°C, Hb: 10 gr%.

Method This research uses a case report management approach in midwifery consisting of the seven steps of Varney, which are data collection, basic data interpretation, potential diagnosis, immediate action, planning, implementation, and evaluation.

Research Results and Discussion this is a pregnant woman with anemia who can be treated with the administration of iron supplementation and undergoing pregnancy examinations. In the maternal development notes, it can be concluded that the mother's general condition is good and the mother's hemoglobin level increased at the next visit.

Conclusion From the seven steps according to Varney, which consist of data collection, identifying diagnoses and potential problems, immediate action, planning, implementation, and evaluation. All these steps are carried out according to the needs of the patient so that the issues can be resolved.

Keywords: Pregnancy Case Report, Anemia