

ABSTRAK

Pengaruh Edukasi Melalui Media Audiovisual tentang CTPS terhadap Kemampuan Cuci Tangan Anak Berkebutuhan Khusus di SLBN Cerme, Gresik

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Latar Belakang : Hal terpenting dalam menerapkan perilaku mencuci tangan yang benar pada anak adalah teknik dan langkah dalam mencuci tangan pakai sabun. Anak berkebutuhan khusus mempunyai resiko lebih tinggi untuk terserang diare, karena kurangnya kemampuan cuci tangan dengan baik dan benar. Sehingga dibutuhkan upaya preventif dan promotif agar mencegah terjadinya beberapa masalah kesehatan dengan menggunakan media audiovisual yang dapat menghindari dari kejenuhan dan kebosanan. Tujuan penelitian ini untuk menganalisis pengaruh edukasi media audiovisual tentang CTPS terhadap kemampuan cuci tangan anak berkebutuhan khusus di SLBN Cerme, Gresik.

Metode : Desain penelitian ini adalah *pre-eksperimental* dengan pendekatan *one-group pretest-posttest design*. Sampel penelitian ini adalah sebagian dari siswa kelas 1-6 sekolah dasar SLBN Cerme, Gresik tahun ajaran 2024/2025 yang tidak mengalami tunarungu dan tunanetra sejumlah 36 siswa – siswi. Teknik sampling yang digunakan *probability sampling* dengan *simple random sampling*. Teknik pengumpulan data menggunakan lembar checklist 6 langkah cuci tangan, serta analisa data menggunakan *Wilcoxon Signed Rank Test*. **Hasil :** Hasil uji statistik *Wilcoxon Signed Rank Test* yang didapatkan *p value* sebesar $0,000 < \alpha = 0,05$ sehingga H_0 ditolak yang artinya terdapat pengaruh edukasi melalui media audiovisual tentang CTPS terhadap kemampuan cuci tangan anak berkebutuhan khusus. **Kesimpulan :** Dapat disimpulkan bahwa terdapat pengaruh edukasi melalui media audiovisual tentang CTPS terhadap kemampuan cuci tangan anak berkebutuhan khusus, sehingga edukasi ini diharapkan dapat dijadikan panduan untuk melatih ABK dalam meningkatkan keterampilan.

Kata kunci : Edukasi, media audiovisual, CTPS, anak berkebutuhan khusus.

ABSTRACT

The Influence of Education Through Audiovisual Media About Handwashing with Soap (HWWS) on the Handwashing Ability of Children with Special Needs at SLBN Cerme

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Background: The most important thing in implementing proper handwashing behavior in children was the technique and steps of washing hands with soap. Children with special needs had a higher risk of diarrhea due to their lack of ability to wash their hands properly. Therefore, preventive and promotive efforts were needed to prevent various health problems by using audiovisual media that helped avoid boredom. The purpose of this study was to analyze the influence of audiovisual media education about CTPS on the handwashing ability of children with special needs in SLBN Cerme, Gresik. **Method:** The design of this study was pre-experimental with a one-group pretest-posttest design approach. The sample of this study consisted of 36 students in grades 1–6 at SLBN Cerme Elementary School, Gresik, for the 2024/2025 academic year, who were not deaf or visually impaired. The sampling technique used was probability sampling with simple random sampling. Data collection techniques used a 6-step handwashing checklist sheet, and data analysis was conducted using the Wilcoxon Signed Rank Test. **Results:** The results of the Wilcoxon Signed Rank Test statistical test showed a p-value of $0.000 < \alpha = 0.05$, so H_0 was rejected, which meant that there was a significant influence of education through audiovisual media about CTPS on the handwashing ability of children with special needs. **Conclusion:** It was concluded that education through audiovisual media about CTPS influenced the handwashing ability of children with special needs. Therefore, this educational method was expected to be used as a guide to train children with special needs (ABK) in improving their skills.

Keywords: Education, audiovisual media, CTPS, children with special needs.