

DAFTAR SINGKATAN

LH	: <i>Luteinizing Hormone</i>
FSH	: <i>Follicle Stimulating Hormone</i>
GnRH	: <i>Gonadotropin-Releasing Hormone</i>
PCOS	: <i>Polycystic Ovarium Syndrome</i>
ACOG	: <i>American College of Obstetricians and Gynecologists</i>
PSS-10	: <i>Perceived Stress Scale</i>
ROP	: <i>Relaksasi Otot Progresif</i>
SOP	: <i>Standar Operasional Prosedur</i>