

DAFTAR SINGKATAN

ASIH	: Alarm Notifikasi <i>Handphone</i>
MMAS-8	: <i>Morisky Medication Adherence Scale 8-items</i>
WHO	: <i>World Health Organization</i>
Kemenkes	: Kementerian Kesehatan
HBPM	: <i>Home Blood Pressure Monitoring</i>
ABPM	: <i>Ambulatory Blood Pressure Monitoring</i>
DM	: Diabetes Melitus
GDP	: Gula Darah Puasa
DASH	: <i>Dietary Approaches to Stop Hypertension</i>
IMT	: Indeks Massa Tubuh
UBM	: Upaya Berhenti Merokok
FKRTL	: Fasilitas Kesehatan Rujukan Tingkat Lanjut