

ABSTRAK

PENGARUH *FIRST AID TRAINING* TATALAKSANA *SYNCOPE* (PINGSAN) TERHADAP TINGKAT PENGETAHUAN DAN KETERAMPILAN ANGGOTA PALANG MERAH REMAJA (PMR) SMPN 1 BESUK PROBOLINGGO

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Kejadian darurat medis seringkali bersifat mendadak dan tidak terduga, bahkan dapat terjadi di lingkungan sekolah, salah satu contohnya adalah *syncope*. Anggota Palang Merah Remaja (PMR) diperlukan untuk membantu siswa dalam kasus kegawatdaruratan seperti pingsan saat di sekolah. Penelitian ini bertujuan untuk mengetahui pengaruh pelatihan *First Aid* tentang tatalaksana kasus *syncope* (pingsan) terhadap tingkat pengetahuan dan keterampilan siswa anggota palang merah remaja (PMR) SMPN 1 Besuk Probolinggo . Penelitian ini menggunakan *eksperimental research* dengan rancangan *one group pre-posttest design*. Sampel berjumlah 35 siswa anggota palang merah remaja (PMR). Penelitian ini bertujuan mengukur tingkat pengetahuan dan keterampilan yang diukur menggunakan *pre-post test* dan lembar *checklist*. Penelitian ini menggunakan uji *Wilcoxon Signed Rank Test*. Setelah dilakukan pelatihan *First Aid* tentang tatalaksana kasus *syncope* didapatkan seluruh siswa anggota palang merah remaja (PMR) SMPN 1 Besuk Probolinggo memiliki tingkat pengetahuan baik dan hampir seluruhnya memiliki tingkat keterampilan baik. Dengan demikian pemberian pelatihan *First Aid* dengan tatalaksana kasus *syncope* dapat meningkatkan tingkat pengetahuan dan keterampilan anggota PMR dalam melakukan pertolongan pertama yang tepat pada kasus *syncope*.

Kata kunci : *First Aid Training*, Tingkat pengetahuan, Keterampilan

ABSTRACT

THE EFFECT OF *FIRST AID TRAINING* ON *SYNCOPE* MANAGEMENT ON THE KNOWLEDGE AND SKILLS OF THE INDONESIAN RED CROSS YOUTH (PMR) MEMBERS AT BESUK JUNIOR HIGH SCHOOL PROBOLINGGO

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Medical emergencies often arise suddenly and unexpectedly, even within school environments. One such example is *syncope*. Members of the Red Cross Youth are crucial in assisting students during emergencies like fainting at school. This study aims to assess the impact of *First Aid Training* on the management of *syncope* cases, particularly on the knowledge and skills of the students who are members of the Red Cross Youth at Besuk Junior High School Probolinggo. This research employs an experimental design with a one-group pre-posttest approach. The sample consists of 35 students who are members of the Red Cross Youth. The study measures the levels of knowledge and skills through pre- and post-tests, as well as a *checklist*. The Wilcoxon Signed Rank Test was used for statistical analysis. Following the *First Aid Training* on managing *syncope* cases, it was found that all Red Cross Youth members at Besuk Junior High School Probolinggo demonstrated a high level of knowledge, and nearly all exhibited a good level of skills. Therefore, the *First Aid Training* on *syncope* case management significantly enhances both the knowledge and skills of Red Cross Youth members in providing appropriate *First Aid* for *syncope* cases.

Keyword : *First Aid Training*, Knowledge, and Skills