

ABSTRAK

Devi

HUBUNGAN PENGETAHUAN DAN SIKAP CALON PENGANTIN DENGAN PERSIAPAN KEHAMILAN SEHAT DI PUSKESMAS JAGIR SURABAYA

xvii + 100 Halaman + 16 Tabel + 3 Gambar + 12 Lampiran

Minimnya pemahaman dan informasi terkait kesehatan reproduksi dapat berdampak pada terjadinya kehamilan yang tidak direncanakan dan memengaruhi kondisi kesehatan ibu. Beberapa faktor seperti anemia, kekurangan energi kronis (KEK), usia ibu, jumlah kelahiran sebelumnya (paritas), jarak antar kehamilan, dan kehamilan kembar meningkatkan risiko bayi lahir dengan berat badan rendah (BBLR), yang berpotensi menyebabkan stunting dan penyakit tidak menular di masa mendatang. Kurangnya pengetahuan mengenai persiapan kehamilan juga turut berperan dalam munculnya komplikasi serta tingginya angka kematian ibu. Oleh sebab itu, penyampaian informasi, edukasi, dan komunikasi (KIE) tentang kesehatan reproduksi sangat penting bagi calon pengantin dalam rangka mewujudkan keluarga dan kehamilan yang sehat. Penelitian kuantitatif dengan desain cross-sectional ini dilaksanakan di Puskesmas Jagir Surabaya pada periode Maret hingga Juni 2025. Dari total 138 calon pengantin, sebanyak 100 wanita calon pengantin dijadikan sampel. Pengumpulan data dilakukan melalui kuesioner yang mencakup aspek pengetahuan, sikap, dan kesiapan terhadap kehamilan sehat, serta dianalisis menggunakan uji Rank Spearman. Hasilnya menunjukkan bahwa 80% responden memiliki pengetahuan yang baik, 53% menunjukkan sikap positif terhadap persiapan kehamilan, dan 84% dinyatakan siap dalam hal persiapan kehamilan sehat. Analisis statistik dengan bantuan SPSS versi 26 menunjukkan adanya hubungan signifikan antara pengetahuan dan sikap calon pengantin dengan kesiapan menghadapi kehamilan sehat (p -value $0,000 < \alpha = 0,05$). Koefisien korelasi sebesar 0,213 dengan arah positif mencerminkan bahwa peningkatan pengetahuan dan sikap berbanding lurus dengan kesiapan calon pengantin. Sikap juga teridentifikasi sebagai faktor paling dominan yang berkontribusi terhadap kesiapan dalam menghadapi kehamilan sehat.

Kata kunci: Pengetahuan, Sikap, Kesiapan, Calon Pengantin, Kehamilan Sehat

Daftar Bacaan : Buku 13(2020-2023), Jurnal Ilmiah/Artikel Penelitian 11 (2020-2024)

ABSTRACT

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RELATIONSHIP BETWEEN KNOWLEDGE AND ATTITUDE OF PROSPECTIVE BRIDES WITH PREPARATION FOR HEALTHY PREGNANCY AT JAGIR PUBLIC HEALTH CENTER SURABAYA

xvii + 100 pages + 3 images + 16 tables + 12 appendices

Lack of understanding and information related to reproductive health can result in unplanned pregnancies and affect the health of the mother. Several factors such as anemia, chronic energy deficiency (CED), maternal age, number of previous births (parity), spacing between pregnancies, and multiple pregnancies increase the risk of low birth weight (LBW), which has the potential to cause stunting and non-communicable diseases in the future. Lack of knowledge about pregnancy preparation also plays a role in the emergence of complications and high maternal mortality rates. Therefore, providing information, education, and communication (KIE) about reproductive health is very important for prospective brides and grooms in order to create a healthy family and pregnancy. This quantitative research with a cross-sectional design was conducted at the Jagir Health Center, Surabaya from March to June 2025. Of the total 138 prospective brides and grooms, 100 female prospective brides were sampled. Data collection was carried out through a questionnaire covering aspects of knowledge, attitudes, and readiness for a healthy pregnancy, and analyzed using the Spearman Rank test. The results showed that 80% of respondents had good knowledge, 53% showed a positive attitude towards pregnancy preparation, and 84% were declared ready in terms of healthy pregnancy preparation. Statistical analysis with the help of SPSS version 26 showed a significant relationship between knowledge and attitudes of prospective brides and grooms with readiness to face a healthy pregnancy ($p\text{-value } 0.000 < \alpha = 0.05$). The correlation coefficient of 0.213 with a positive direction reflects that increasing knowledge and attitudes are directly proportional to the readiness of prospective brides and grooms. Attitude was also identified as the most dominant factor contributing to readiness to face a healthy pregnancy..

Keywords: Knowledge, Attitude, Readiness, Prospective Brides, Healthy Pregnancy

Reading List : Book 13 (2020-2023), Scientific Jurnal/Research Article 11 (2020-2024)